

CMETB - Skills to Advance roll out Professional  
Development Courses to O'Reilly Group Staff

Local Cavan Company O'Reilly Group Ltd understand the importance of professional development for their staff. Professional development can boost employees confidence in their work, leading to greater job satisfaction, employee performance, productivity and overall staff morale.

CMETB Employer Services worked closely with O'Reilly Group management to identify upskilling opportunities that would benefit O'Reilly staff in their day to day roles. CMETB Workforce Development Officer, Eileen Roddy, developed a tailored suite of courses, and arranged for highly qualified tutors to conduct in-house training, on-site at the O'Reilly Group training facilities located at Barleystone Co. Cavan. This flexible training was subsidised through the Skills to Advance Initiative and was greatly received by O'Reilly Group employees.

Since January 2023 over 30 O'Reilly Group employees have completed five accredited training courses through the CMETB Skills to Advance Initiative. Most recently a number of O'Reilly Group employees have enrolled on the new Green Skills course on offer by CMETB. Pictured below are O'Reilly employees who received their respective Certificates presented by CMETB staff at the O'Reilly Group Head Office, Kingscourt.

List of Courses Completed

- MOS Excel 2019 Associate
- QQI Level 5 Spreadsheets
- ILM Delegating Authority in the Workplace
- ILM Developing Leadership Styles
- QQI Level 6 Employment Law
- QQI Level 5 Bookkeeping
- QQI Level 5 Environmental Sustainability in the Workplace

A selection of O'Reilly Group staff who received their Accredited Certificates from CMETB June 2023

"I had the pleasure of meeting Eileen Roddy at a Regional Skills Forum Meeting in 2022. At that point, I was largely uninformed about the extensive services that the CMETB Skills to Advance Initiative could offer. CMETB coordinated exceptional tutors and demonstrated exceptional flexibility when delivering five courses to date benefiting over 30 O'Reilly Group employees. We eagerly anticipate continuing our partnership with CMETB to upskill our employees and continue their professional growth"

**Jennifer Flynn HR & Payroll Manager, O'Reilly Group**



# CMETB offer Green Skills Environmental Sustainability in the Workplace



## Why do we need Green Skills?

With the transition to zero emissions underway, companies need to ensure that their employees have the skills required to contribute to a low carbon, resource efficient, and circular economy.

This QQI Level 5 Environmental Sustainability course is intended for businesses and enterprise across all sectors of economic activity. Employees will acquire a general knowledge and understanding of environmental sustainability in the workplace and to use that knowledge to support sustainable practices. Units include: climate change, other environmental pressures and global initiatives, energy management, sustainable food and food waste prevention, circular economy, environmental management and green awareness for employees, greening communities and greening your lifestyle.



Monaghan dates running 5th July - 21st July  
Cavan dates scheduled for Sept 2023

Contact Email: [employerservices@cmetb.ie](mailto:employerservices@cmetb.ie)  
Telephone: 047 84900

"The Environmental Action Plan I developed as part of this course, looks at actual details and facts that our Company have not measured or monitored until now"

**ESW Learner June 2023**

## Autumn Evening Provision 2023

CMETB offers a wide range of Part-time/Evening courses across a variety of sectors which can be utilised by employers to train or up-skill their employees.

Course Module	QQI Level	Starts	No. of Weeks	Venue
Accounting	5	September	12	Cavan and Monaghan
Understanding Mental Health	5	September	12	Cavan and Monaghan
Supervisory Management in Healthcare	6	September	12	Cavan and Monaghan
Palliative Care	5	September	12	Cavan and Monaghan
Training & Development	6	September	12	Cavan and Monaghan
CAD Autodesk / CAD SolidWorks	5	September	12	Cavan and Monaghan
Business Management	6	September	12	Cavan and Monaghan
Sales and Marketing Management	6	September	12	Cavan and Monaghan
Team Leadership	6	September	12	Cavan and Monaghan
Infection Prevention & Control	5	September	12	Cavan
Business Administration Skills	5	September	12	Cavan
Nutrition for Sport	5	September	12	Monaghan
REVIT	N/A	September	12	Monaghan
Cake Decorating	FDQ	September	12	Monaghan

For more information on any of the above training courses or to discuss training opportunities for your company, contact: Eileen Roddy, Workforce Development Officer, CMETB  
Email: [eileenroddy@cmetb.ie](mailto:eileenroddy@cmetb.ie) / [employerservices@cmetb.ie](mailto:employerservices@cmetb.ie) or Tel: 047 84900 / 087 7212100



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Cavan and Monaghan  
Education and Training Board