

# Part-Time Courses Spring/Summer 2026 Timetable

## Monaghan



## Adult Education Courses

**Website:** [www.cmetb.ie](http://www.cmetb.ie)  
**E-mail:** [MonaghanAdultEd@cmetb.ie](mailto:MonaghanAdultEd@cmetb.ie)  
**Phone:** 047 71914



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## Note to all students

### Please book your course place:

- on FETCH courses at [www.fetchcourses.ie](http://www.fetchcourses.ie)  
or
- by e-mail to [MonaghanAdultEd@cmetb.ie](mailto:MonaghanAdultEd@cmetb.ie)

### For help choosing a course, contact the **Adult Guidance Service** on:

**Telephone:** 047 30800  
**E-mail:** [monaghanguidance@cmetb.ie](mailto:monaghanguidance@cmetb.ie)  
**Web Site:** [www.cmetbadultguidance.ie](http://www.cmetbadultguidance.ie)

### If you are new to our courses and want to attend a QQI Level 5 course:

- We may arrange a meeting for you with our Adult Guidance Service.
- You may have to complete an assessment.

## QR Code for FETCH website



This is the QR code for the FETCH website ([www.fetchcourses.ie](http://www.fetchcourses.ie)). Use the FETCH Reference number listed under each course in the timetable to apply.

Scan the QR code to go to the FETCH website. Use the FETCH Reference number listed below to apply for the course you are interested in taking part in.



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## Eircodes for our Centres

Centre	Centre Eircode
Dún Mhuire Adult Education Centre, Monaghan	H18 T383
Monaghan Institute	H18 FY94
European House, Monaghan	H18 YP84
Gatehouse Learning Centre, Monaghan	H18 YE35
Monaghan Library	H18 RP20
Carrickmacross Workhouse	A81 E372
Carrickmacross Library	A81 HY83
Youthreach Centre, Castleblayney	A75 YP08
Iontas Centre, Castleblayney	A75 NF74
Clones Library	H23 RW70
Ulster Canal Stores, Clones	H23 DN76
Teach na nDaoine, Monaghan	H18 D218



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## Adult Guidance and Information Service

If you are unsure of what course you would like to do, contact the Adult Guidance and Information Service.

It is a free and confidential service. It will help you if you want to return to education and/or training but are unsure of what to do. You must be at least 16 years of age and out of formal education. You can meet with an Adult Guidance Counsellor close to where you live or online. Contact details are as follows:

**Telephone:** 047 30800  
**E-mail:** [monaghanguidance@cmetb.ie](mailto:monaghanguidance@cmetb.ie)  
**Web Site:** [www.cmetbadultguidance.ie](http://www.cmetbadultguidance.ie)

Alternatively, you can apply on line through [www.fetchcourses.ie](http://www.fetchcourses.ie) to arrange a meeting using the FETCH code 500651

## Drop In Information Service

The Adult Guidance and Information Service offers a Drop In Service at the day, times and locations listed below:

**European House  
Monaghan  
H18 YP84**

**Every Thursday  
9.30am - 12.30pm**

**Workhouse,  
Carrickmacross  
A81 E372**

**Every Wednesday  
9.30am - 12.30pm**



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# Courses

\*\*\* Please note:

Any one seeking to join in Levels 3 to 6 classes must have a solid command of the English Language. A Language assessment may be required to verify your ability.

## Health Service Skills Award Level 5 (5M3782)

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Care Support <b>FETCH Ref:</b> 497740	5	Dún Mhuire Adult Education Centre, Monaghan	Monday, 23rd March, 2026	7	Every Monday, 9.30am - 4pm
Health & Safety at Work <b>FETCH Ref:</b> 497741	5	Dún Mhuire Adult Education Centre, Monaghan	Tuesday, 10th March, 2026	9	Every Tuesday, 9.30am - 1pm
Palliative Care <b>FETCH Ref:</b> 497742	5	Carrickmacross Workhouse	Thursday, 19th March, 2026	12	Every Thursday, 6.30pm - 9.30pm
Patient Moving & Handling <b>FETCH Ref:</b> 525352	n/a	Dún Mhuire Adult Education Centre, Monaghan	Monday, 11th & 18th May, 2026	2 days (3 hours each)	Every Monday, 6.30pm - 9.30pm
Patient Moving & Handling <b>FETCH Ref:</b> 525353	n/a	Dún Mhuire Adult Education Centre, Monaghan	Friday, 8th May, 2026	1 day	Friday, 9.30am - 4pm



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## Intellectual Disability Practice Award Level 5 (5M1761)

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Special Needs Assisting <b>FETCH Ref:</b> 497758	6	Dún Mhuire Adult Education Centre, Monaghan	Thursday, 16th April, 2026	12	Every Thursday, 6.30pm - 9.30pm
Special Needs Assisting <b>FETCH Ref:</b> 497755	5	Carrickmacross Workhouse	Wednesday, 15th April, 2026	15	Every Wednesday, 6.30pm - 9.30pm



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## Business Administration Award Level 5 (5M2468)

Module and Code	QQI Level	Venue	Start Date	Approx. No of weeks	Time
Reception & Front Office Skills <b>FETCH Ref:</b> 497765	5	Carrickmacross Workhouse	Tuesday, 10th March, 2026	9	Every Tuesday, 9.30am - 1.30pm
Business Administration Skills <b>FETCH Ref:</b> 497766	5	Dún Mhuire Adult Education Centre, Monaghan	Friday, 20th March, 2026	9	Every Friday, 9.30am - 1.30pm
Database Methods <b>FETCH Ref:</b> 497767	5	Dún Mhuire Adult Education Centre, Monaghan	Tuesday, 24th March, 2026	8	Every Tuesday, 9.30am - 1.30pm
Digital Marketing <b>FETCH Ref:</b> 497768	5	Dún Mhuire Adult Education Centre, Monaghan	Thursday, 19th March, 2026	9	Every Thursday, 9.30am - 1.30pm
Spreadsheet Methods <b>FETCH Ref:</b> 497769	5	Carrickmacross Workhouse	Friday, 20th March, 2026	9	Every Friday, 9.30am - 1.30pm



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## Beauty Award Level 5 (5M3471)

Module and Code	QQI Level	Venue	Start Date	Approx. No of weeks	Time
Beauty Industry Ethics & Practice <b>FETCH Ref:</b> 497792	5	Castleblayney Youthreach Centre	Thursday, 30th April, 2026	5	Every Thursday, 9.30am - 2pm

## Core level 5 subjects for all awards:

- These can be used towards a range of QQI (Quality and Qualifications Ireland) Level 5 Major awards.
- Please talk to **The Adult Guidance Service** for more information.
- You will need to have a work placement secured before starting the Work Experience module.

Module and Code	QQI Level	Venue	Start Date	Approx. No of weeks	Time
Communications <b>FETCH Ref:</b> 497804	5	Dún Mhuire Adult Education Centre, Monaghan	Monday, 16th March, 2026	8	Every Monday, 9.30am - 1.30pm
Work Experience <b>FETCH Ref:</b> 497805	5	Carrickmacross Workhouse	Thursday 19th March, 2026	9	Every Thursday, 9.30am - 12.30pm



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## Gardening Classes

for people who want to learn how to:

- grow plants in containers
- grow vegetables
- improve their potting and planting skills

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Container Gardening <b>FETCH Ref:</b> 498118	3	Dún Mhuire Adult Education Centre, Monaghan	Monday, 13th April, 2026	13	Every Monday, 10am - 12.30pm
Outdoor Vegetable Crop Production <b>FETCH Ref:</b> 524915	3	Dún Mhuire Adult Education Centre, Monaghan	Wednesday, 15th April, 2026	15	Every Wednesday 10am - 12.30pm
Plant Identification <b>FETCH Ref:</b> 498198	3	Dún Mhuire Adult Education Centre, Monaghan	Wednesday, 15th April, 2026	15	Every Wednesday, 2pm - 4pm



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## Computer and Smart Phone classes

If you want to improve your computer skills, then we offer classes from beginners to QQI Level 4.

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Computer Applications <b>FETCH Ref:</b> 498252	4	Monaghan	Monday, 13th April, 2026	13	Every Monday, 1.30pm - 4pm
Information Technology Skills <b>FETCH Ref:</b> 525250	4	Carrickmacross	Tuesday, 28th April, 2026	5	Every Tuesday, 10am - 2.15pm & Wednesday, 12.45pm - 5pm
Word Processing <b>FETCH Ref:</b> 498594	3	Monaghan	Wednesday, 15th April, 2026	15	Every Wednesday, 10am - 12.30pm
Internet Skills <b>FETCH Ref:</b> 498247	3	Carrickmacross	Tuesday, 14th April, 2026	15	Every Tuesday, 6pm - 8.30pm
Digital Media  Learn to use smartphones, cameras and online tools confidently — communicate, stay safe, create photos, videos and music, and get the most from everyday digital technology  <b>FETCH Ref:</b> 498213	3	Carrickmacross	Tuesday, 28th April, 2026	13	Every Tuesday, 2pm - 4.30pm



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## Computer and Smart Phone classes continued . . . . .

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Computers for Beginners <b>FETCH Ref:</b> 525348	2	Monaghan	Thursday, 21st May, 2026	10	Every Thursday, 10am - 12.30pm
Computers for Beginners <b>FETCH Ref:</b> 525349	2	Castleblayney	Monday, 13th April, 2026	13	Every Monday, 2.30pm - 4.30pm
Computers for Beginners <b>FETCH Ref:</b> 525350	2	Carrickmacross Library	Tuesday, 12th May, 2026	11	Every Tuesday, 10am - 12.30pm
Computers for Beginners <b>FETCH Ref:</b> 498204	2	Carrickmacross Workhouse	Friday, 15th May, 2026	11	Every Friday, 10am - 1pm



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# Makeup of Computer Applications and Information Technology Skills classes

Computer Applications	Information Technology Skills
In Computer Applications class you will cover:	In Information Technology skills you will cover:
<ul style="list-style-type: none"> <li>Databases</li> </ul>	<ul style="list-style-type: none"> <li>Information Technology effect on everyday life</li> </ul>
<ul style="list-style-type: none"> <li>Spreadsheets</li> </ul>	<ul style="list-style-type: none"> <li>File management</li> </ul>
<ul style="list-style-type: none"> <li><u>Graphics</u></li> </ul>	<ul style="list-style-type: none"> <li>Data entry</li> </ul>
	<ul style="list-style-type: none"> <li>Microsoft Word</li> </ul>
	<ul style="list-style-type: none"> <li>Internet and E-mail</li> </ul>
	<ul style="list-style-type: none"> <li>Proof reading documents</li> </ul>



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## Computer and Smart Phone classes continued . . . . .

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Smartphones <b>FETCH Ref:</b> <b>498597</b>	n/a	Carrickmacross Library	Tuesday, 14th April, 2026	4	Every Tuesday, 10am - 12.30pm
Byte & Brew <b>FETCH Ref:</b> <b>498088</b>	n/a	Clones Library	Friday, 26th June, 2026	5	Every Friday, 10am - 12.30pm
Byte & Brew <b>FETCH Ref:</b> <b>498068</b>	n/a	Monaghan Library	Monday, 22nd June, 2026	5	Every Monday, 10am - 12.30pm
Byte & Brew <b>FETCH Ref:</b> <b>452639</b>	n/a	Carrickmacross Library	Friday, 8th May, 2026	4	Every Friday, 10am - 1pm
Artificial Intelligence for Beginners <b>FETCH Ref:</b> <b>525354</b>	n/a	Castleblayney	Monday, 2nd March, 2026	5	Every Monday, 2.30pm - 4.30pm

**Byte & Brew classes are “Social Smartphone” clases - learn from one another as well as your tutor**



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## General Courses

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Career Planning <b>FETCH Ref:</b> 499301	4	Monaghan	Wednesday, 13th May, 2026	3	Every Tuesday, 9.30am - 12.30pm & Every Wednesday, 9.30am - 4pm
Career Planning <b>FETCH Ref:</b> 498104	4	Carrickmacross	Thursday, 7th May, 2026	12	Every Thursday, 1.30 pm - 4.30pm
Communications <b>FETCH Ref:</b> 525870	4	Monaghan	Thursday, 14th May, 2026	11	Every Thursday, 9.30am - 1pm
Communications <b>FETCH Ref:</b> 525472	3	Monaghan	Thursday, 16th April, 2026	15	Every Thursday, 1.30pm - 4pm



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## General Courses continued . . .

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Relaxation Techniques <b>FETCH Ref:</b> 525872	2	Carrickmacross	Tuesday, 28th April, 2026	4	Every Tuesday, 2.45pm - 5pm
Driver Theory <b>FETCH Ref:</b> 498601	n/a	Carrickmacross	Wednesday, 29th April, 2026	5	Every Wednesday, 6pm - 8.15pm
Reading & Writing Support <b>FETCH Ref:</b> 498216	n/a	Dún Mhuire Adult Education Centre, Monaghan	Monday, 13th April, 2026	10	Every Monday, 6pm - 7.30pm
Reading & Writing Support <b>FETCH Ref:</b> 525473	n/a	Castleblayney	Monday, 23rd February, 2026	12	Every Monday, 5.30pm - 7pm



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## Short courses for work and life

- Short courses in skills for workplace such as Manual Handling, Food Safety and Barista
- For people who want to start a job, or who need to brush up of their workplace skills.

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Food Safety & HACCP <b>FETCH Ref:</b> 499293	HACCP 1 & 2	Monaghan TBC	Friday, 20th March, 2026	2	Every Friday, 9.30am - 1.30pm
Introduction to Barista <b>FETCH Ref:</b> 498194	n/a	Monaghan Institute	Monday, 20th April, 2026	4 hours	Monday, 9.30am - 1.30pm
Introduction to Barista <b>FETCH Ref:</b> 498179	n/a	Monaghan Institute	Thursday, 25th June, 2026	4 hours	Thursday, 9.30am - 1.30pm
Manual Handling <b>PLSS Ref:</b> 498221	n/a	Dún Mhuire Adult Education Centre, Monaghan	Friday, 26th June, 2026	3 hours	Friday, 10am - 1pm
Manual Handling <b>PLSS Ref:</b> 525347	n/a	Dún Mhuire Adult Education Centre, Monaghan	Tuesday, 26th May, 2026	3 hours	Tuesday, 6.30pm - 9.30pm



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## Hobby Courses (unaccredited)

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Introduction to Flower Arranging <b>FETCH Ref:</b> 497837	n/a	Carrickmacross Workhouse	Monday, 9th March, 2026	6	Every Monday, 10am - 1pm
Introduction to Flower Arranging <b>FETCH Ref:</b> 497838	n/a	Dún Mhuire Adult Education Centre, Monaghan	Thursday, 5th March, 2026	6	Every Thursday, 10am - 1pm
Advanced Flower Arranging <b>FETCH Ref:</b> 497839	n/a	Carrickmacross Workhouse	Monday, 11th May, 2026	6	Every Monday 10am - 1pm
Advanced Flower Arranging <b>FETCH Ref:</b> 497840	n/a	Dún Mhuire Adult Education Centre, Monaghan	Thursday 30th April, 2026	6	Every Thursday 10am - 1pm
Easter Flowers <b>PLSS Ref:</b> 497841	n/a	Carrickmacross Workhouse	Monday 30th March, 2026	1 day	Monday, 10am - 1pm
Easter Flowers <b>PLSS Ref:</b> 497842	n/a	Dún Mhuire Adult Education Centre, Monaghan	Thursday, 2nd April, 2026	1 day	Thursday, 10am - 1pm



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## Hobby Courses (unaccredited) ..... Continued

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
<p><b>Introduction to Skincare Theory &amp; Practice</b></p> <p>An introduction to keeping skin healthy, and the tools people use to take care of it</p> <p><b>PLSS Ref: 497843</b></p>	n/a	Castleblayney Youthreach Centre	Monday, 11th May, 2026	3	Every Monday, 10am - 1pm
<p><b>Introduction to Content Creation</b></p> <p>This will help you create fun &amp; interesting online content. You will learn how to come up with ideas &amp; tell a story. You will also learn about basic production skills</p> <p><b>PLSS Ref: 497844</b></p>	n/a	Carrickmacross Workhouse	Monday, 8th June, 2026	7	Every Monday, 10am - 1pm
<p><b>Introduction to Photoshop</b></p> <p>Learn how to create and edit digital images</p> <p><b>PLSS Ref: 497849</b></p>	n/a	Carrickmacross Workhouse	Wednesday, 3rd June, 2026	7	Every Wednesday, 10am - 1pm



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## Hobby Courses (unaccredited) ..... Continued

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
<p><b>Vegetarian Kitchen Foundations: Four weeks to confident plant-based cooking</b></p> <p>This beginner course teaches you easy plant based cooking skills, ingredients, and recipes so you can make tasty vegetarian meals on your own in just one month</p> <p><b>PLSS Ref: 497850</b></p>	n/a	Monaghan Institute	Wednesday, 15th April, 2026	4	Every Wednesday, 9.30am - 2pm (with 30 minute break)
<p><b>Three weeks to Sweet &amp; Simple Air-Fryer Baking</b></p> <p>This course shows you easy ways to make light and tasty desserts and baked treats using only your air fryer</p> <p><b>PLSS Ref: 497851</b></p>	n/a	Monaghan Institute	Wednesday, 13th May, 2026	3	Every Wednesday, 9.30am - 2pm (with 30 minutes break)



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## Hobby Courses (unaccredited) ..... Continued

Module and Code	QQI Level	Venue	Start Date	Approx. No weeks	Time
Needle Felting & Embroidery <b>PLSS Ref: 497852</b>	n/a	Carrickmacross Workhouse	Monday, 23rd March, 2026	8	Every Monday, 10am - 1pm
Needle Felting & Embroidery <b>PLSS Ref: 497853</b>	n/a	Dún Mhuire Adult Education Centre, Monaghan	Wednesday, 25th March, 2026	8	Every Wednesday, 10am - 1pm



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## To make a booking:

You can:

- e-mail [MonaghanAdultEd@cmetb.ie](mailto:MonaghanAdultEd@cmetb.ie)  
or
- phone 047 71914.  
or
- log onto [www.fetchcourses.ie](http://www.fetchcourses.ie) and using the FETCH reference number given with the course you are interested in on the list, register for the course you are interested in taking part in.

For help with any of our courses, please e-mail [MonaghanAdultEd@cmetb.ie](mailto:MonaghanAdultEd@cmetb.ie) or phone 047 71914

## Learner Support Service

Is reading, writing or basic maths holding you back?

- We have one-to-one help for people who are not ready to join a class.
- This assistance is for people who need help with basic reading, writing or maths.
- We can help you build your confidence as well as your skills.

**For information on one-to-one help contact:**

Sinead Cahill - [sineadcahill@cmetb.ie](mailto:sineadcahill@cmetb.ie) - 087 1985715

or

Elizabeth McCaffrey - [elizabethmccaffrey@cmetb.ie](mailto:elizabethmccaffrey@cmetb.ie) - 085 7555705

We run one to one sessions in many locations across both counties Monaghan and Cavan



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# English Language Registration Dates (ESOL - English for Speakers of other languages)

**English for Speakers of Other Languages (ESOL)** are English language courses for students whose first language is not English.

All ESOL courses aim to develop the learner's core language skills in the areas of Listening, Speaking, Reading, Writing and Grammatical accuracy.

The ESOL service provides 4 hours tuition per week to people who do not have English as their first language.

**At registration, you will need to complete a short application form** with basic personal details.

**You will also do a short assessment** to check your level of English. Based on the assessment, you will be put on a suitable course



## To Join an English class you must:

- have a **PPS** number
- attend one of these **registration** sessions
- **bring your identification and proof of PPS number to the registration** session
- complete a short **assessment**



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## Registration Dates and Times for English (ESOL) classes:

### Carrickmacross Workhouse A81 E372

Friday, 27th February, 2026  
Friday, 27th March, 2026  
Friday 24th April, 2026

Room 41  
10.30am - 12pm

### Carrickmacross Workhouse A81 E372

Tuesday, 3rd March, 2026  
Tuesday, 24th March, 2026

Room 41  
9am - 10am



### European House Monaghan H18 YP84

Friday, 27th February, 2026  
Friday, 27th March, 2026  
Friday 24th April, 2026

Room 2  
2.30pm - 4pm

### Clones Library H23 RW70

and

### Castleblayney Library A75 V383

on demand

**All courses are free of charge. Priority will be given to learners who**

- are unemployed
- have limited education
- have limited English language skills.
- You must have a PPS number to take part in any of the classes.

For further details contact **[Karen McCarron](#)** at:

**E-Mail:** [esol@cmetb.ie](mailto:esol@cmetb.ie)  
**Phone:** 087 7427675



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# Join our Multicultural Community Choir

**Everyone  
Welcome!**

**Singing is a great way  
to improve your English  
Language Skills**

**All you need  
to bring is your  
singing voice!**

**Come along and meet new  
people in a friendly and  
relaxed atmosphere**



## EVERY TUESDAY

**Room 3, European House, H18 YP84  
6.30pm - 8.30pm**

**For more information contact:**

**E: [monaghanadulted@cmetb.ie](mailto:monaghanadulted@cmetb.ie) or T: 047 71914**



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***For further information please contact  
us on:***

***MonaghanAdultEd@cmetb.ie***

***047 71914***



***www.cmetb.ie***



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