

Part-Time Courses Autumn 2026 Timetable

Cavan



Adult Education Courses

Website: www.cmetb.ie
E-Mail: CavanAdultEd@cmetb.ie
Phone: 049 436 1881



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Adult Guidance and Information Service

If you are unsure of what course you would like to do, contact the Adult Guidance and Information Service.

It is a **free, impartial and confidential** service. We will help you if you want to return to education and/or training but are unsure of what to do. You must be at least 16 years of age and out of formal education. You can meet with an Adult Guidance Counsellor close to where you live or online.

You can apply through www.fetchcourses.ie to arrange a meeting using the code **500649**.

We can meet you in person, online or by telephone.

For help choosing a course, contact the **Adult Guidance Service** on:

T: 049 4377001

E: cavanguidance@cmetb.ie

W: www.cmetbadultguidance.ie

Drop in Information Service

The Adult Guidance and Information Service provides a drop in service on the days, times and location listed below:

**St Augustine's Hall H12
E8V0**

**Every Wednesday
9.30am - 12.30pm**

**Ballyjamesduff Adult Education
Centre, A82 AX70**

**Every Wednesday
9.30am - 12.30pm**



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Note to all students

Please book your course place:

- on Fetch Courses at www.fetchcourses.ie
or
- by e-mail at CavanAdultEd@cmetb.ie

For help choosing a course, contact the **Adult Guidance Service** on:

Telephone: 049 4377001

E-mail: cavanguidance@cmetb.ie

Web Site: www.cmetbadultguidance.ie

Important Notice for Level 5 Course Applicants

Anyone seeking to join at Levels 3 to 6 classes must have a good command of the English Language. A Language assessment may be required to verify your ability.

If you have applied for a level 5 course, please be aware that completing a **pre course assessment** is a **mandatory** part of the registration process.

***** Please Note** that you cannot be offered a place on a course until this assessment is completed.

Pre Course Assessments will be done by the Guidance Service, they will be in contact with you if you have applied for a course.

QR Code for FETCH website



This is the QR code for the FETCH website.
(www.fetchcourses.ie). Use the FETCH Reference number listed under each course in the timetable to apply.



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Unit 5, CMETB Church View Sq., Cavan Town H12 A592

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Activities of Living Patient Care	5	531580	Tuesday, 1st September, 2026	13	Every Tuesday, 9.30am - 12.30pm
Care of the Older Person	5	531582	Wednesday, 2nd September, 2026	13	Every Wednesday, 6pm - 9pm
Business English	4	522437	Tuesday, 15th September, 2026	13	Every Tuesday, 6.30pm - 9.30pm
Bookkeeping	4	522456	Tuesday, 1st September, 2026	15	Every Tuesday, 9.30am - 12.20pm
Maths	3	532375	Tuesday, 8th September, 2026	12	Every Tuesday, 9.30am - 12.30pm



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St Augustine's Hall (H12 E8V0)

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Supervision and Administration in Early Learning and Care	6	488334	Tuesday, 1st September, 2026	9	Every Tuesday and Thursday, 7pm - 9.30pm
Children Rights and Legislation	5	531579	Tuesday, 12th January, 2027	40	Every Tuesday & Friday, 9.15am - 1.15pm
Special Needs Assisting	5	531595	Tuesday, 1st September, 2026	13	Every Tuesday, 6.30pm - 9.30pm
Social Studies	5	531596	Thursday, 3rd September, 2026	15	Every Thursday, 6.30pm - 9.30pm
Teamworking	5	531597	Friday, 4th September, 2026	13	Every Friday, 10am - 1pm
Manual and Computerised Bookkeeping	5	531599	Tuesday, 1st September, 2026	20	Every Tuesday, 7pm - 10pm
Manual and Computerised Accounting	5	531600	Tuesday, 13th October, 2026	13	Every Tuesday, 10am - 1pm

Note: you must have completed Manual and Computerised Book Keeping to take part in Manual and Computerised Accounting.

International Cuisine	5	522451	Tuesday, 1st September, 2026	14	Every Tuesday, 9.30am - 1.30pm
Word Processing	4	522454	Thursday, 3rd September, 2026	12	Every Thursday, 9.30am - 1pm
Computer Applications	4	524048	Monday, 31st August, 2026	12	Every Monday, 9.30am - 1pm
Communications	4	522431	Wednesday, 2nd September, 2026	20	Every Wednesday, 9.30am - 1pm
Career Planning	4	522432	Wednesday, 2nd September, 2026	13	Every Wednesday, 9.30am - 1pm
Customer Service	4	524047	Friday, 18th September, 2026	12	Every Friday, 9.30am - 1pm



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St Augustine's Hall (continued . . .)

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Pastry, Baking and Desserts	3	532554	Tuesday, 13th October, 2026	12	Every Tuesday, 2.30pm - 5.30pm
Pastry, Baking and Desserts	3	522438	Monday, 14th September, 2026	12	Every Monday, 10am - 1pm
Artificial Intelligence for Beginners	3	522455	Monday, 31st August, 2026	12	Every Monday, 9.30am - 1pm
Word Processing	3	532555	Thursday, 3rd September, 2026	12	Every Thursday, 10am - 1pm
Climate Justice	3	522429	Tuesday, 15th September, 2026	12	Every Tuesday, 1.30pm - 4.30pm
Breakfast Cookery	3	522441	Wednesday, 16th September, 2026	12	Every Wednesday, 10am - 1pm
Spreadsheet Methods	3	522458	Wednesday, 2nd September, 2026	12	Every Wednesday, 10am - 1pm
Computer Skills	2	522427	Monday, 12th October, 2026	12	Every Monday, 2pm - 5pm
Reading, Writing and Numeracy	2	522428	Tuesday, 15th September, 2026	12	Every Tuesday, 10am - 1pm
Reading and Writing	n/a	522430	Tuesday, 15th September, 2026	6	Every Tuesday, 6pm - 8pm



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St Augustine's Hall (continued . . .)

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Barista	non accredited	522452	Tuesday, 1st September, 2026	3	Every Tuesday, 2.30pm - 5.30pm
Barista	non accredited	522443	Thursday, 8th October, 2026	3	Every Thursday, 1.30pm - 4.30pm
Introduction to Computers	non accredited	522423	Monday, 31st August, 2026	6	Every Monday, 2pm - 5pm
Driver Theory	non accredited	522433	Thursday, 17th September, 2026	6	Every Thursday, 2pm - 4pm
Driver Theory	non accredited	428269	Monday, 7th September, 2026	6	Every Monday, 10am - 1pm
Basic Cookery	non accredited	522440	Monday, 14th September, 2026	6	Every Monday, 2pm - 4pm
Budgeting for Christmas	non accredited	428264	Thursday, 5th November, 2026	3	Every Thursday, 1.30pm - 4.30pm
Using Smartphones and Tablets	non accredited	428270	Monday, 7th September, 2026	6	Every Monday, 2pm - 4.30pm
Introduction to Gardening	non accredited	428271	Thursday, 3rd September, 2026	6	Every Thursday, 10am - 1pm
Introduction to Gardening	non accredited	428272	Thursday, 3rd September, 2026	6	Every Thursday, 2pm - 5pm
Painting for Beginners	non accredited	519342	Tuesday, 1st September, 2026	8	Every Tuesday, 10am - 1pm
Intermediate Painting	non accredited	519343	Tuesday, 1st September, 2026	8	Every Tuesday, 1.30pm - 4.30pm



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Cavan (TBC)

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Food Safety and HACCP	HACCP 1 and 2	530411	Monday, 21st September, 2026	3	Every Monday, 9.30am - 1.30pm
Manual Handling	non accredited	529054	Friday, 11th September, 2026	half day	Friday, 10am - 1pm
Manual Handling	non accredited	529055	Friday, 18th December, 2026	half day	Friday 10am - 1pm
Basic Barista	non accredited	499325	Friday, 23rd October, 2026	half day	Friday, 9.30am - 1.30pm

On Line

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Maths for Trades	n/a	428276	Tuesday, 6th October, 2026	6	Every Tuesday, 7pm - 9pm

Family Focus Centre, Kileshandra H12 K6D3

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Health and Wellbeing	2	428275	Tuesday, 15th September, 2026	12	Every Tuesday, 10am - 12.30pm



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Virginia

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Sign Language	n/a	529245	Tuesday, 3rd November, 2026	12	Every Tuesday, 10.30am - 12.30pm

The Hub, Cootehill

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Human Growth and Development	5	531584	Monday, 2nd November, 2026	13	Every Monday, 7pm - 10pm
Special Needs Assisting	5	531602	Tuesday, 1st September, 2026	15	Every Tuesday, 7pm - 10pm
Bookkeeping	4	528408	Monday, 31st August, 2026	16	Every Monday, 10am - 1pm
Internet & E-mail	3	529258	Thursday, 27th August, 2026	16	Every Thursday, 2.30pm - 4.15pm
Sign Language	non accredited	498411	Friday, 11th September, 2026	7	Every Friday, 11am - 1pm



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Church Street Ballyconnell H14 R573

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Work Experience	5	531585	Thursday, 3rd September, 2026	12	Every Thursday, 7pm - 10pm
Career Planning	3	522457	Friday, 4th September, 2026	12	Every Friday, 10am - 1pm
Digital Media	3	428274	Wednesday, 2nd September, 2026	12	Every Wednesday, 10am - 1pm

Mullagh Heritage Centre A82 HW77

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Special Needs Assisting	6	531588	Tuesday, 1st September, 2026	15	Every Tuesday, 1.30pm - 4pm
Special Needs Assisting	5	531594	Tuesday, 1st September, 2026	15	Every Tuesday, 10am - 1pm

Fair Green Community Garden, Tullymongan, Cavan

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Safe Horticultural Practice	4	532842	Wednesday, 2nd September, 2026	12	Every Wednesday, 9.30am - 1.30pm



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Ballyjamesduff A82 AX70

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Care Skills	5	521583	Thursday, 3rd September, 2026	13	Every Thursday, 6pm - 9pm
Manual and Computerised Bookkeeping	5	531601	Friday, 4th September, 2026	20	Every Friday, 10am - 1pm
Spreadsheet Methods	4	498547	Friday, 28th August, 2026	13	Every Friday, 10am - 1pm
Culinary Techniques	4	529420	Thursday, 27th August, 2026	15	Every Thursday, 9.30am - 1.30pm
Horticultural Science	4	498510	Thursday, 17th September, 2026	11	Every Thursday, 9.30am - 1.30pm
Internet and E-mail	3	498506	Thursday, 27th August, 2026	16	Every Thursday, 10am - 12.15pm
Sewing	3	530496	Monday, 14th September, 2026	9	Every Monday, 10am - 1pm
Garden Planning	3	498490	Wednesday, 16th September, 2026	11	Every Tuesday, 9.30am - 1pm
Pastry, Baking and Desserts	3	498494	Tuesday, 15th September, 2026	11	Every Tuesday, 9.30am - 1pm



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Ballyjamesduff continued . . .

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Beginner Watercolour Painting	non accredited	530565	Tuesday, 15th September, 2026	6	Every Tuesday, 10.30am - 12.30pm
Intermediate Watercolour Painting	non accredited	530567	Tuesday, 15th September, 2026	6	Every Tuesday, 1.30pm - 3.30pm
Wood Carving	non accredited	529252	Wednesday, 16th September, 2026	6	Every Wednesday, 12.15pm - 2.15pm
Introduction to AI	non accredited	529417	Friday, 4th December, 2026	3	Every Friday, 10am - 1pm
Christmas Starters and Desserts	non accredited	498321	Tuesday, 8th December, 2026	3	Every Tuesday, 9.30am - 1pm
Christmas Baking	non accredited	529421	Thursday, 17th December, 2026	1	Thursday, 9.30am - 1.30pm
Christmas Woodwork	non accredited	529525	Monday 14th December, 2026	2	Every Monday, 9.30am - 12.30pm



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Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
Information Technology Skills	4	498549	Monday, 31st August, 2026	12	Every Monday, 9.30am - 12.30pm
Home Repairs and Maintenance	4	498554	Monday, 31st August, 2026	14	Every Monday, 9.30am - 12.30pm
Health and Fitness	3	498505	Wednesday, 16th September, 2026	12	Every Wednesday, 2.30pm - 5pm
Spreadsheet Methods	3	529424	Monday, 31st August, 2026	12	Every Monday, 1.30pm - 4.30pm
Food Choice and Health	2	498448	Wednesday, 16th September, 2026	12	Every Wednesday, 11am - 1pm
Learning to use your Smartphone	2	498449	Monday, 28th September, 2026	12	Every Monday, 6pm - 8.30pm
Food Safety and HACCP	HACCP 1 and 2	498529	Friday, 6th November, 2026	3	Friday, 9.30am - 1.30pm



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Bailieborough continued

Module	QQI Level	FETCH Ref	Starting	Approx. No of weeks	Time
An Introduction to Fine Arts: Drawing and Painting	non accredited	498384	Tuesday, 3rd November, 2026	4	Every Tuesday, 10.30am - 12pm
Beginner Guitar (bring your own guitar)	non accredited	530687	Tuesday, 1st December, 2026	4	Every Tuesday, 10.30am - 12pm
Presentation Skills	non accredited	529423	Monday, 30th November, 2026	4	Every Monday, 9.30am - 12.30pm
Introduction to Artificial Intelligence	non accredited	529425	Monday, 30th November, 2026	4	Every Monday, 1.30pm - 4.30pm
Introduction to Computers	non accredited	498420	Monday, 31st August, 2026	4	Every Monday, 6pm - 8.30pm
An Introduction to Horticulture	non accredited	530689	Tuesday, 3rd November, 2026	8	Every Tuesday, 1pm - 3.30pm



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Literacy Support Service

Is reading, writing or basic maths holding you back?

- We have one-to-one help for people who are not ready to join a class.
- This help is for people who need assistance with basic reading, writing or maths.
- We can help you build your confidence as well as your skills.

For information on one-to one help contact:

- **Cavan:**
Deirdre O'Callaghan - deirdreocallaghan@cmetb.ie - 087 3802141
- **Monaghan:**
Sinead Cahill - sineadcahill@cmetb.ie - 087 1985715
- **Ballyjamesduff:**
Caroline McDermott - carolinemcdermott@cmetb.ie - 087 405 3618

We run one to one sessions in many locations across both counties



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Learner Support

If you need support with any area of learning, we are here to help.



For an appointment in your area please contact:

Sinead Cahill
087 1985715
sineadcahill@cmetb.ie

QQI Level 4 Healthcare (4N3776)

preparing for QQI Level 5 Healthcare or Childcare

Are you thinking of doing Level 5 Healthcare or Childcare?

This free course is designed to help you to get started on your learning journey.

Venue	FETCH Ref	Starting	Time
Dún Mhuire Adult Education Centre, Monaghan H18 T383	532816	Tuesday, 18th August, 2026	Every Tuesday, 10am - 12pm
Unit 5, Church View Square, Church St., Cavan H12 A592	532813	Wednesday, 19th August, 2026	Every Wednesday, 10am - 12pm

Note: These courses are continuous intake so you can join at any date

On this course you will learn to:

- use a laptop
- take notes
- research and write assignments
- save and share documents

You will learn about:

- the role of the Carer
- where care can take place
- keeping yourself and your clients safe
- dealing with a medical emergencies
- care equipment
- exercise and diet for clients
- how to talk to clients and their families



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Skills For Work Courses

Fully funded courses for part-time or full-time workers, farmers, self-employed, sole traders etc.

Employer Based Training - Upskilling employees to include Workplace Language Support courses, Communications Level 2 - 4 courses and Business English Level 4, computers etc.

Courses are **free** to the employee and employer. They are offered **at the workplace** where possible, or in a nearby CMETB Adult Education Centre.

They can be **accredited or non-accredited** and can lead to a qualification up to QQI Level 4 on the National Framework of Qualifications.

Enquiries for the below courses or to make a booking **contact Noelette Dolan** on:

E-mail: noeletedolan@cmeth.ie

Telephone: 087 9293531.

Module	QQI Level	Venue	Starting	Approx No of weeks	Time
Introduction to Artificial Intelligence	3	St. Patricks Hall, Arva, H12 P308	Wednesday, 9th September, 2026	12	Every Wednesday, 7pm - 9.30pm
Introduction to Artificial Intelligence	3	Stradone Community Centre, H12 X6P4	Wednesday, 9th September, 2026	12	Every Wednesday 7pm - 9.30pm
Digital Matters (Smart Phones etc)	n/a	St. Mogues College, Bawnboy, H14 VW13	Wednesday, 23rd September, 2026	12	Every Wednesday, 7pm - 10pm
Introduction to Office 365	n/a	St. Patricks Hall, Glangevlin, N41 Y661	Monday, 21st September, 2026	12	Every Monday, 7pm - 10pm
Introduction to Office 365	n/a	Civic Centre, Belturbet	Tuesday, 8th September, 2026	12	Every Tuesday, 7pm - 10pm



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ESOL (English for Speakers of Other Languages)

For all ESOL Queries contact:

Contact: Patricia Martin
E-mail: patriciamartin@cmetb.ie
Phone: 0871500899

Dates for registration and assessment for all are below:

Venue	Day	Date	Time
<u>August 2026 Schedule</u>			
St Augustine's Hall, Cavan Town H12 E8V0	Thursday	27th August, 2026	10.30am - 12pm
Ballyjamesduff Adult Education Centre A82AX70	Thursday	27th August, 2026	3pm - 4pm
<u>September 2026 Schedule</u>			
Ballyjamesduff Adult Education Centre A82AX70	Tuesday	1st September, 2026	10.30am - 11.30am
St Augustine's Hall, Cavan Town H12 E8V0	Wednesday	2nd September, 2026	10.30am - 12pm
Ballyjamesduff Adult Education Centre A82AX70	Wednesday	23rd September, 2026	10.30am - 11.30am
St Augustine's Hall, Cavan Town H12 E8V0	Wednesday	23rd September, 2026	2.30pm - 3.30pm
<u>October 2026 Schedule</u>			
Ballyjamesduff Adult Education Centre A82AX70	Wednesday	14th October, 2026	10.30am - 11.30am
St Augustine's Hall, Cavan Town H12 E8V0	Wednesday	14th October, 2026	2.30pm - 3.30pm



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CavanAdultEd@cmetb.ie

049 4361881



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