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Bord Oideachais agus Oiliúna an Chabháin agus Mhuineacháin
Cavan and Monaghan Education and Training Board

CMETB Adult Education
Part-time Courses

Cavan
Winter 2026/2027

Rialtas na hÉireann
Government of Ireland

Arna chomhchistiú ag an Aontas Eorpach
Co-Funded by the European Union

SOLAS An tSeirbhís Oideachais Leanúnaigh agus Scileanna
Further Education and Training Authority

Dearbhú Cáilíochta agus Cáilíochtaí Éireann
Quality and Qualifications Ireland

Tá an oibríocht seo á comhchistiú ag Rialtas na hÉireann, Solas agus ag an Aontas Eorpach
This operation is co-funded by the Government of Ireland, Solas and the European Union

Securing Your Place

Online: Book your course at **www.fetchcourses.ie** and use the course code for the course you want to study, register for your course.
Email: CavanAdultEd@cmetb.ie
Phone: 049 436 1881

If you have not previously completed a QQI Level 5 award, you must attend a Registration and Assessment session before classes begin. This will complete your enrolment and help avoid any delays in starting your course.

Please attend the following session:

Date: Tuesday 24 November 2026

Choose **ONE** of the following sessions:

- 10am - 12pm
- 2pm - 4pm
- 6pm - 8pm

Venue: St Augustine's Adult Education Centre, Farnham Street, Cavan (H12 E8V0)

Please note: Failure to attend one of these sessions may place your course offer at risk. If you are unable to attend any of the above sessions, please contact the Guidance Service at **CavanGuidance@cmetb.ie** to arrange an alternative appointment.

Learner Support

If you need support with any area of learning, we are here to help.

For an appointment in your area please contact **Sinead Cahill** on:

Telephone: 087 1985 715
Email: SineadCahill@cmetb.ie

Adult Guidance and Information Service

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If you are unsure of what course you would like to do, contact the **Adult Guidance and Information Service**.

It is a **free, impartial** and **confidential** support for adults 16+ who are not in full-time education. We will help you if you want to return to education and/or training but are unsure of what to do.

You must be at least 16 years of age and out of formal education.

You can meet with an Adult Guidance Counsellor close to where you live or online.

Contact Details

Telephone: 049 437 7001
E-mail: CavanGuidance@cmetb.ie
Website: www.cmetbadultguidance.ie

You can also apply on line at www.fetchcourses.ie using **course code** 500649

Drop in Information Service

The Adult Guidance and Information Service offers a Drop In Service at the day, time and locations listed below:

St Augustine's Adult Education Centre
H12 E8V0

Every Wednesday
9.30am - 12.30pm

Ballyjamesduff Adult Education Centre
A82 AX70

Every Wednesday
9.30am - 12.30pm

No appointment necessary.
Drop in and speak with a member of our team.

Winter 2026/2027

Course List

Discover flexible part-time courses designed to help you gain new skills, qualifications and confidence.

QR Code for the FETCH Website

Scan the QR code to visit **www.fetchcourses.ie.**
To apply, use the **course code** listed beside each course in the timetable.

QQI Level 4 Healthcare
(in preparation for QQI Level 5 Healthcare or Childcare)

Are you thinking of doing Level 5 Healthcare or Childcare?
This free course is designed to help you to get started on your learning journey.

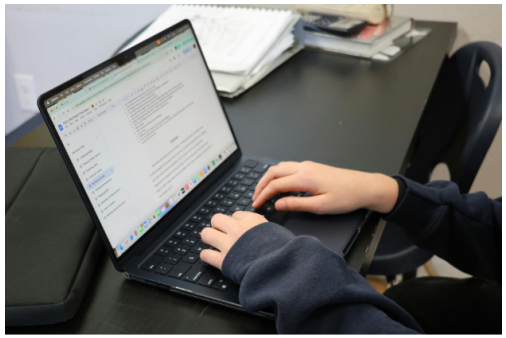
Venue	Course Code	Start Date	Time
Carrickmacross Workhouse	540564	Monday 04 January 2027	Every Monday 10am - 12.30pm
Unit 5, Church View Square, Cavan	532815	Wednesday 06 January 2027	Every Wednesday 10am - 12.30pm

On this course you will learn to:	You will learn about:
• Use a laptop	• The role of the Carer
• Take notes	• Where care can take place
• Research and write assignments	• Keeping yourself and your client safe
• Save and share documents	• Dealing with a medical emergency
• Develop study skills	• Care for equipment
• Complete a skills demonstration	• Exercise and diet for client
• Use Microsoft Teams	• How to talk to clients and their families

For an appointment in your area please contact
Sinead Cahill
Telephone: 087 1985715
Email: SineadCahill@cmetb.ie

Note: These courses are continuous intake, you can join on any date.
This class is currently running so if you would like to begin before January 2027 please contact Sinead Cahill.







Unit 5 Churchview Square, Cavan
Eircode: H12 A592

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Activities of Living Patient Care	531580	5	December 2026	13	Every Tuesday 9.30am - 12.30pm
Care of the Older Person	531582	5	December 2026	13	Every Wednesday 6pm - 9pm
Computer Skills	538869	2	Thursday 21 January 2027	12	Every Thursday 10am - 1pm
Manual Handling	539963	N/A	Monday 15 February 2027	1 day	Monday 10am - 1pm
Food Safety and HACCP	541349	N/A	Monday 11 January 2027	3 days	Every Monday 9.30am - 1.30pm

St Augustine's Adult Education Centre
Eircode: H12 E8V0

This full award lasts 18 months in total. There are six modules. You will receive a certificate once you complete all six modules. **Please note**: all participants will need to be **garda vetted** prior to work placement (police clearance will also be required should participants have lived abroad).

In order to study QQI Level 6 Early Learning and Care Award (Stage 2), students must first have successfully completed QQI Level 5 Early Learning and Care (Stage 1) Award.

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Special Needs Assisting	538358	6	Tuesday 12 January 2027	15	Every Tuesday 6.30pm - 9.30pm
Early Learning and Care **(Stage 2)** Sociology and Social Policy	535476	6	Thursday 07 January 2027	40	Every Tuesday and Thursday 7pm - 10pm
Psychology	538364	6	Thursday 07 January 2027	15	Every Thursday 6.30pm - 9.30pm
Early Learning and Care **(Stage 1)** Childrens Rights and Leglislation	531579	5	Tuesday 19 January 2027	40	Every Tuesday and Friday 9.15am - 1.15pm
Special Needs Assisting	538362	5	Wednesday 17 February 2027	15	Every Wednesday 6.30pm - 9.30pm
Work Experience	538336	5	Friday 08 January 2027	10	Every Friday 10am - 1pm
Communications	538344	5	Monday 11 January 2027	13	Every Monday 7pm - 10pm
Word Processing	538477	5	Friday 08 January 2027	13	Every Friday 10am - 1pm
Manual and Computerised Payroll	538473	5	Tuesday 23 February 2027	13	Every Tuesday 7pm - 10pm

St Augustine's Adult Education Centre
Eircode: H12 E8V0

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Word Processing	538854	4	Tuesday 01 June 2027	12	Every Tuesday and Thursday 9.30am - 1pm
Spreadsheet Methods	538856	4	Thursday 08 April 2027	7	Every Monday (9.30am - 1pm) and Thursday (10am to 1pm)
Business English	538857	4	Wednesday 24 February 2027	12	Every Wednesday 9.30am - 1pm
Personal Effectiveness	538858	4	Tuesday 12 January 2027	15	Every Tuesday 9.30am - 12.40pm
General Office Skills	538870	4	Friday 08 January 2027	12	Every Friday 9.30am - 1pm
Communications	539069	4	Wednesday 02 June 2027	6	Every Monday and Wednesday (9.30am - 1pm)
Communications	538862	4	Monday 11 January 2027	15	Every Monday 6.30pm - 9.30pm
Barista Skills	538853	4	Tuesday 12 January 2027	5	Every Tuesday 9.30am to 5pm
Culinary Skills	538852	3	Thursday 07 January 2027	12	Every Thursday 10am - 1pm
Pastry, Baking and Deserts	542278	3	Tuesday 23 February 2027	12	Every Tuesday 9.30am - 1.30pm
Spreadsheet Methods	538855	3	Thursday 07 January 2027	12	Every Thursday 9.30am - 1pm
Word Processing	538859	3	Monday 22 February 2027	12	Every Monday 2pm - 5pm
Breakfast Cookery	538865	3	Wednesday 06 January 2027	12	Every Wednesday 10am - 1pm
Garden Design	539045	3	Thursday 12 November 2026	12	Every Thursday 10am - 1pm

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Container Gardening	539046	3	Thursday 12 November, 2026	12	Every Thursday 2pm - 5pm
Growing Vegetables	539051	3	Thursday 25 February 2027	12	Every Thursday 10am - 1pm
Growing Fruit	539052	3	Thursday 25 February 2027	12	Every Thursday 2pm - 5pm
Going On-line	539047	3	Thursday 07 January 2027	12	Every Thursday 10am - 1pm
Reading and Writing	538860	2	Tuesday 26 January 2027	12	Every Tuesday 10am - 1pm
Driver Theory	538861	N/A	Monday 11 January 2027	6	Every Monday 10am - 12pm
Healthy Food Made Easy	538866	N/A	Wednesday 21 April 2027	6	Every Wednesday 10am - 1pm
Using Smartphones and Tablets	538871	N/A	Monday 9 November 2026	6	Every Monday 1.30pm to 4.30pm
Quilting	540114	N/A	Tuesday 12 January 2027	9	Every Tuesday 10am - 1pm
Flower Arranging	540495	N/A	Tuesday 12 January 2027	5	Every Tuesday 1.30pm - 4.30pm
Painting and Sketching	540494	N/A	Tuesday 23 February 2027	4	Every Tuesday 1.30pm - 4.30pm
Jewellery Making	540497	N/A	Thursday 21January 2027	6	Every Thursday 10am - 1pm
Festive Cookery and Baking	541346	N/A	Wednesday 02 December 2026	3 days	Every Wednesday 10am - 1pm

Ballyjamesduff
Eircode: A82 AX70

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Care Skills	531583	5	December 2026	13	Every Thursday 7pm - 10pm
Manual and Computerised Payroll	538475	5	Friday 5 March 2027	13	Every Friday 10am - 1pm
Pastry, Baking and Deserts	538329	5	Thursday 07 January 2027	15	Every Thursday 9.30am - 1.30pm
Plant Propagation	538038	4	Thursday 11 March 2027	10	Every Thursday 9.30am - 1.30pm
Artificial Intelligence	537911	4	Friday 29 January 2027	15	Every Friday 10am - 1pm
Safe Horticultural Practice	538033	4	Thursday 07 January 2027	9	Every Thursday 9.30am - 1.30pm
Word Processing	537912	3	Thursday 07 January 2027	18	Every Thursday 10am - 12.15pm
Spanish	537860	3	Monday 22 February 2027	14	Every Monday 1.45pm - 4.15pm
Operating Horticultural Equipment	537972	3	Wednesday 06 January 2027	9	Every Wednesday 9.30am - 1.30pm
Planting and Potting by hand	537976	3	Wednesday 10 March 2027	9	Every Wednesday 9.30am - 1.30pm
Culinary Operations	537899	3	Tuesday 23 February 2027	9	Every Tuesday 9.30am - 1.30pm
Visual Arts: Painting	537844	2	Tuesday 12 January 2027	11	Every Tuesday 1.30pm - 3.30pm

Ballyjamesduff *(Continued)*
Eircode: A82 AX70

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Growing and Using Herbs	537840	N/A	Tuesday 12 January 2027	6	Every Tuesday 10am - 12.30pm
Introduction to Fine Art: Drawing	537841	N/A	Tuesday 23 February 2027	5	Every Tuesday 10.30am - 12.30pm
Beginners Spanish	537857	N/A	Monday 11 January 2027	5	Every Monday 12am - 2pm
Improvers Spanish	537858	N/A	Monday 11 January 2027	5	Every Monday 2.15pm - 4.15pm
Beginner/Improvers Spanish	537859	N/A	Monday 22 February 2027	14	Every Monday 12pm - 1.30pm
Wood Carving	537885	N/A	Wednesday 13 January 2027	6	Every Wednesday 12.15pm - 2.15pm
Wood Carving	537886	N/A	Wednesday 24 February 2027	6	Every Wednesday 12.15pm - 2.15pm
Reading and Writing Support	537894	N/A	Tuesday 12 January 2027	Ongoing	Every Tuesday 2pm - 4pm
Healthy Food Made Easy	537896	N/A	Tuesday 12 January 2027	6	Every Tuesday 9.30am - 1.30pm
Sign Language	537903	N/A	Monday 18 January 2027	7	Every Monday 10am - 12pm
Introduction to Level 4 Artificial Intelligence	537910	N/A	Friday 08 January 2027	3	Every Friday 10am - 1pm
Healthy Family Recipies	537918	N/A	Thursday 13 May 2027	3	Every Thursday 9.30am - 1.30pm

For help with any of our courses, please e-mail **CavanAdultEd@cmetb.ie** or phone 049 436 1881

Bailieborough

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Artificial Intellegence	537929	3	Monday 11 January 2027	12	Every Monday 1.30pm - 4.30pm
Nutrition and Healthy Options	537871	3	Wednesday 17 February 2027	14	Every Wednesday 2.30pm - 5pm
Using Technology with Smartphones	537921	2	Monday 11 January 2027	10	Every Monday 9.30pm - 12.30pm
Using Technology with Smartphones	537922	2	Monday 11 January 2027	10	Every Monday 6pm - 8.30pm
Reading and Writing Support	537863	N/A	Wednesday 13 January 2027	Ongoing	Every Wednesday 11am - 1pm
Chair Exercise	537866	N/A	Wednesday 13 January 2027	5	Every Wednesday 2.30pm - 5pm

Church Street, Ballyconnell
Eircode: H14 R573

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Going Online	539048	3	Wednesday 6 January 2027	12	Every Wednesday 10am - 1pm

Johnston Library
Eircode: H12 A3T1

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Introduction to Computers	538868	N/A	Thursday 07 January 2027	6	Every Thursday 10.30am - 12.30pm

Cootehill

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Special Needs Assisting	538383	6	Tuesday 12 January 2027	15	Every Tuesday 7pm - 10pm
Intercultural Studies	538851	5	Monday 22 February 2027	15	Every Monday 7pm - 10pm
Manual and Computerised Bookkeeping	538468	5	Monday 11 January 2027	20	Every Monday 10am - 1pm
Home Repairs and Maintenance	537907	4	Monday 11 January 2027	15	Every Monday 9.30am - 12.30pm
Word Processing	537913	3	Thursday 07 January 2027	18	Every Thursday 2pm - 4.15pm
Sewing	537856	3	Friday 05 March 2027	9	Every Friday 10am - 1pm

Maudabawn
Eircode: H16 X409

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Digital Matters	537915	N/A	Monday 11 January 2027	4	Every Monday 10am - 12.30pm
Using Technology with Smartphones	537914	2	Monday 22 February 2027	12	Every Monday 10am - 12.30pm

Mullagh Heritage Centre
Eircode: A82 HW77

Module	Course Code	QQI Level	Start Date	Duration (Weeks)	Time
Special Needs Assisting	538355	6	Tuesday 12 January 2027	15	Every Tuesday 10am - 1pm
Special Needs Assisting	538351	5	Tuesday 12 January 2027	15	Every Tuesday 1.30pm - 4.30pm
Manual and Computerised Bookkeeping	537916	4	Monday 11 January 2027	16	Every Monday 10am - 12.40pm

Skills for Work

Fully funded courses for part-time or full-time workers, farmers, self-employed, sole traders etc.

Skills for Work offers employer-based training to help employees develop new skills and improve existing ones. Courses include Workplace Language Support, Communications (QQI Levels 2-4), Business English and computer skills.

Courses are **free** for both employees and employers. Training can be delivered on **company premises**, where possible, or at a nearby CMETB Adult Education Centre. Courses may be accredited or non-accredited and can lead to qualifications up to QQI Level 4 on the National Framework of Qualifications.

Module	Course Level	Venue	Start Date	Duration (Weeks)	Time
Introduction to Artificial Intelligence	3	St Patricks Hall, Arva (H12 P308)	Tuesday 12 January 2027	12	Every Tuesday 7pm - 10pm
Internet and E-Mail Skills	3	Stradone Community Centre (H12 X6P4)	Wednesday13 January 2027	12	Every Wednesday 7pm - 9.30pm
Internet and E-Mail Skills	3	St. Mogues College, Bawnboy (H14 VW13)	Wednesday 13 January 2027	12	Every Wednesday 7pm - 10pm
Computer Skills - Office 365	2	Civic Centre, Belturbet (H14 VH57)	Tuesday 12 January 2027	12	Every Tuesday 7pm - 10pm
Computer Skills - Office 365	2	Glangevlin	Monday 11 January 2027	12	Every Monday 7pm - 10pm

To Book a place or find out more contact **Noelette Dolan** on:

Telephone: 087 9293 531

Email: NoeletteDolan@cmetb.ie





Literacy Support Service

Is reading, writing or basic maths holding you back?



We have **one-to-one** help for people who are not ready to join a class.

This help is for people who need assistance with basic reading, writing or maths. We can help you build your confidence as well as your skills.

For information on One-to One help contact:

Cavan

Deirdre O'Callaghan
Telephone: 087 3802 141
Email: DeirdreOCallaghan@cmetb.ie

Monaghan

Sinead Cahill
Telephone: 087 1985 715
Email: SineadCahill@cmetb.ie

Ballyjamesduff

Caroline McDermott
Telephone: 087 405 3618
Email: CarolineMcDermott@cmetb.ie

We run One-to-One sessions in many locations across both counties.

Learning English

ESOL - English for Speakers of Other Languages



English for Speakers of Other Languages (ESOL) courses are designed for people whose first language is not English.

ESOL courses help learners develop their English language skills in listening, speaking, reading and writing, while also improving grammar and accuracy.

The ESOL service provides **4 hours of tuition each week.** We offer courses in the mornings or evenings.

At registration, you will be asked to complete a short application form with your basic personal details. You will also complete a short assessment to determine your level of English. This helps us place you in the course that best meets your needs.

To enrol in an ESOL class, you must:

- Have a PPS number.
- Attend a registration session.
- Bring photo ID and proof of your PPS number.
- Complete a short assessment to help us place you in the right class.



Registration Dates
ESOL - English for Speakers of Other Languages

November 2026		
Date	**Time**	**Venue**
Wednesday 11 November 2026	12pm - 1pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Thursday 12 November 2026	5.30pm - 6.30pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Wednesday 18 November 2026	2pm - 3pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Thursday 19 November 2026	5.30pm - 6.30pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Friday 20 November 2026	12pm - 1pm	Bailieborough Library (A82 RH73)
Friday 20 November 2026	1pm - 2pm	Ballyjamesduff Adult Education Centre (A82 AX70)
Monday 23 November 2026	1.45pm - 2.45pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Tuesday 24 November 2026	1pm - 2pm	Ballyjamesduff Adult Education Centre, (A82 AX70)
Thursday 26 November 2026	1pm - 2pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)

December 2026		
Date	**Time**	**Venue**
Wednesday 02 December 2026	12pm - 1pm	St Augustine's Adult Education Centre,, Cavan Town (H12 E8V0)
Tuesday 08 December 2026	1pm - 2pm	Ballyjamesduff Adult Education Centre, (A82 AX70)
Wednesday, 09 December 2026	2pm - 3pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Thursday 10 December 2026	1pm - 2pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Friday 11 December 2026	1pm - 2pm	Ballyjamesduff Adult Education Centre, (A82 AX70)

Registration Dates (Continued)

ESOL - English for Speakers of Other Languages

January 2027		
Date	**Time**	**Venue**
Wednesday 13 January 2027	2pm - 3pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Thursday 14 January 2027	5.30pm - 6.30pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Friday 15 January 2027	1pm - 2pm	Ballyjamesduff Adult Education Centre (A82 AX70)
Thursday 21 January 2027	5.30pm - 6.30pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Thursday 28 January 2027	1pm - 2pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)

February 2027		
Date	**Time**	**Venue**
Wednesday 10 February 2027	2pm - 3pm	St Augustine's Adult Education Centre, Cavan Town (H12 E8V0)
Friday 12 February 2027	1pm - 2pm	Ballyjamesduff Adult Education Centre (A82 AX70)

Note: You must have a PPS number and valid ID to take part in any of these English as a Second Language classes.

For further details contact **Patricia Martin** at:

E-Mail: PatriciaMartin@cmetb.ie

Phone: 0871500 899

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Email: 049 436 1881